



RESTORE

HAIR LOSS & SCALP CLINIC

the
WELL-BEING
Program

A Restore Hair Loss and Scalp Clinic Program
in Collaboration with Serenity Wig Boutique

Serenity

WIG BOUTIQUE

EST. 2022

Finally, Look and Feel your Best

ABOUT THE WELL-BEING PROGRAM

Restore Hair Loss and Scalp Clinic is certified by the International Association of Trichologists (IAT) and is a member of the Canadian Hair Loss Council. With a combined 25 years of experience, our clinic is the largest hair restoration center north of Edmonton and home to one of the few certified clinical trichologists in Canada.

At Restore Hair Loss and Scalp Clinic, our Well-being Program is designed to support individuals experiencing hair loss, scalp disorders, and health-related concerns. Hair loss, especially due to medical conditions or treatments such as chemotherapy, can be a deeply personal experience. Each person approaches it differently, and we are here to provide guidance and solutions tailored to their needs.

Some individuals choose to embrace hair loss as part of their journey, while others explore hair prosthetics, medical-grade wigs, or scalp treatments for restoration and confidence. Our clinical team provides expert recommendations based on each client's medical history, scalp condition, and personal preferences.

We are committed to offering private, professional, and compassionate care. Our certified specialists, discreet consultation rooms, and personalized treatment plans ensure that every client receives the highest level of support.

At Restore Hair Loss and Scalp Clinic, we believe that individuals facing health challenges, including cancer, deserve to maintain their self-image and well-being. Our goal is to help restore confidence by providing evidence-based solutions and comprehensive hair loss care in a professional, supportive environment.

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Finally, Look and Feel your Best

TYPES OF CANCER TREATMENTS

Chemotherapy

Chemotherapy involves the use of drugs to kill cancer cells or stop them from multiplying. It's a systemic treatment, meaning it circulates throughout the body via the bloodstream, targeting cancer cells wherever they may be. While effective, chemotherapy often comes with side effects like nausea, hair loss, and weakened immunity due to its impact on healthy cells. However, advancements in chemotherapy drugs and delivery methods have improved tolerability and efficacy, allowing for more tailored treatments and better outcomes for cancer patients.



Cranial Radiotherapy

Cranial radiotherapy, also known as radiation therapy, utilizes high-energy X-rays or other forms of radiation to kill cancer cells in the brain or central nervous system. It's often used to treat brain tumors or metastases that have spread to the brain. This targeted treatment aims to destroy cancer cells while minimizing damage to healthy brain tissue. Side effects may include fatigue, headaches, and cognitive changes, but advancements in technology, such as intensity-modulated radiation therapy (IMRT) and stereotactic radiosurgery (SRS), have improved precision and reduced adverse effects.

Anti-estrogen Drug

Anti-estrogen drugs are vital in treating hormone receptor-positive breast cancer by blocking estrogen's effects or reducing its production, hindering cancer cell growth. Drugs like tamoxifen, aromatase inhibitors, and selective estrogen receptor modulators (SERMs) are common options. While generally well-tolerated, side effects such as hot flashes, joint pain, and increased risk of blood clots can occur. Often combined with surgery or chemotherapy, these drugs significantly improve outcomes for breast cancer patients, enhancing treatment efficacy.

BEFORE YOU START YOUR TREATMENT

Choosing the right wig is an essential step before embarking on your treatment journey. It's ideal to explore wig options before you begin treatment when you're feeling strong and capable of visiting our boutique, Serenity Wig Boutique. We encourage you to bring along a trusted family member or friend for support as you make this important decision. At Restore Hair Loss and Scalp Clinic, our compassionate team is committed to assisting you in finding the perfect wig that not only matches your natural style but also complements your features and provides optimal comfort. Our aim is for you to look and feel your best throughout this process.

WIGS IN OUR WELL-BEING PROGRAM



Within our Well-being Program, we provide an extensive selection of wigs designed to cater to your specific needs. Our collection includes top-tier synthetic wigs, Remi Human Hair wigs, and our exclusive European Refined wigs. Each wig features innovative cap constructions crafted for supreme comfort and realism. Our exclusive double monofilament crown ensures a soft and luxurious feel against your scalp, mimicking the appearance of natural hair growth. By incorporating this advanced design, we eliminate

any potential discomfort caused by traditional machine wefted strips. Moreover, our wigs are lightweight and versatile, allowing for effortless styling and parting in any direction. For those seeking more budget-friendly options, we also offer wigs with lace fronts and fully machine-backed designs.



While we strive to maintain a diverse selection of wigs in our clinic, there may be instances where a specific style or color is unavailable. In such cases, we can order the desired wig directly to our clinic, typically within 10-15 business days. We recommend allowing ample time for wig selection prior to beginning your treatment.

Wigs in our Wellbeing Program are classified as Medical Hair Prosthetics, allowing you to claim the cost through your company insurance plan or as a medical expense on your income tax. To do so, you'll need a prescription from your medical team stating the need for a "Cranial Hair Prosthetic" due to treatment-induced Alopecia. Restore Hair Loss and Scalp Clinic will provide you with an invoice confirming your purchase of a Medical Hair Prosthetic.

Discover comfort and style beyond wigs at Restore Hair Loss and Scalp Clinic. With our Well-being Program, embrace head coverings like hats, caps, and scarves for relaxed moments or outdoor strolls.

At Serenity Wig Boutique, nestled within our clinic, explore our curated selection of bamboo fabric headwear—soft, breathable, and handpicked for your comfort and confidence.



DURING YOUR TREATMENT JOURNEY

As you embark on your treatment journey, it's natural to experience changes in your hair. Approximately 10 to 15 days after your initial chemotherapy session, you may notice the first signs of hair loss. At this pivotal moment, we extend our support through our specialized services.



At your appointment, we prioritize your comfort with tailored services:

- Perform a precise hair trim to prepare for your new appearance.
- Administer a therapeutic scalp treatment to promote scalp health and relaxation.
- Ensure a customized wig fitting and professional styling for a natural look.
- Provide expert guidance on proper wig application and maintenance.
- Discuss alternative head covering solutions based on individual preferences.

Complimentary with your wig purchase: Transitional Haircut, Scalp Treatment, Wig Fitting, and Care Kit

Wig maintenance services

- Wig Styling and Refitting
- Reconditioning Synthetic Wigs
- Shampoo, Blow Dry, Style Human Hair Wigs
- Refreshing Colour on Human Hair Wigs



Scalp Care During Medical Treatments

Maintaining proper scalp hygiene is essential during medical treatments. Chemotherapy and certain medications eliminate toxins through urine and sweat glands, making daily scalp cleansing necessary to reduce the risk of infections, cysts, and skin irritation.

Cancer treatments can reduce the activity of sebaceous glands and hair follicles, leading to excessive dryness, sensitivity, and irritation. This may cause discomfort, itching, redness, and inflammation.

Scalp Sensitivity and Cooling Therapies

Patients using cold cap therapy or scalp cooling systems may experience scalp sensitivity, discomfort, or irritation. Gentle scalp care can help soothe these effects, support hair retention, and promote healthier regrowth during and after treatment.

Chemo Care Kit for Scalp Health

The Chemo Care Kit from Restore Hair Loss and Scalp Clinic is designed to cleanse, soothe, and protect the scalp while nourishing delicate hair follicles. By maintaining scalp health during treatment, it helps create the best conditions for hair regrowth after therapy, supporting overall recovery and well-being.

AFTER TREATMENT JOURNEY

Hair regrowth typically begins within 4 to 6 weeks after treatment, though initial growth may be slower due to cellular rejuvenation. On average, hair grows approximately 2 cm every 4 to 6 weeks, but early regrowth may vary. Changes in color and texture are common—20% of individuals may notice a different hair color, while 40% may experience white or gray hair following chemotherapy. These changes occur due to the temporary impact of chemotherapy on hair follicle cells.

This is a natural part of the recovery process. Prioritizing self-care and overall well-being can support hair regrowth and overall health. Be patient, as your body needs time to heal, and your hair will gradually reflect this recovery.



WHEN CAN I START COLORING MY HAIR AFTER CHEMOTHERAPY?

Hair coloring can be resumed six months after the final treatment or once new hair growth reaches a few inches in length. This applies to individuals who have undergone cold cap therapy or scalp cooling treatments. For scalp and hair safety, professional coloring with gentle, non-irritating products is recommended. At Restore Hair Loss and Scalp Clinic, our ammonia- and PPD-free formulations help minimize scalp sensitivity, and a protective barrier is applied before coloring to enhance comfort.

Initial color results may vary due to residual effects of chemotherapy medications. To protect the integrity of new hair, bleaching and chemical treatments such as perming should be avoided for at least one year post-treatment, as the hair remains fragile. Trust our expertise for safe, medically informed hair care after chemotherapy.

CHEMOTHERAPY SCALP TREATMENT

At Restore Hair Loss and Scalp Clinic, our medical-grade scalp treatments are designed to support post-chemotherapy recovery by addressing scalp sensitivity, dryness, and irritation. Each treatment is developed to optimize scalp health, promote cellular regeneration, and create a balanced environment for hair regrowth.



SCALP REVITALIZATION THERAPY | 80 min

A comprehensive scalp detoxification treatment that removes impurities, reduces inflammation, and restores scalp function to support optimal hair follicle activity.

EXPRESS SCALP REBALANCING | 50 min

A condensed yet effective treatment for patients seeking a quick but thorough scalp refresh. This session delivers targeted hydration and nourishment to maintain scalp integrity and comfort.

SEBUM REGULATION & MICROBIOME THERAPY | 90 min

A specialized treatment to balance sebum production, address microbial imbalances, and reinforce the scalp's natural barrier against infections and irritants.

ADVANCED SCALP HYDRATION & REPAIR | 90 min

An intensive moisturizing and reparative therapy, designed to alleviate severe scalp dryness and irritation caused by chemotherapy. This treatment is especially beneficial for conditions such as scalp psoriasis and dermatitis.

POST-CHEMOTHERAPY SCALP RENEWAL | 90 min

A scientifically formulated scalp rejuvenation protocol that integrates advanced European and Japanese therapeutic techniques. This treatment restores scalp vitality, improves circulation, and enhances moisture retention, aiding in overall recovery and comfort.

Our evidence-based scalp treatments provide clinical support for post-chemotherapy patients, ensuring optimal scalp health and preparing the skin for potential hair regrowth.

ANGEL HAIR FOR KIDS

At Restore Hair Loss and Scalp Clinic, our dedication to holistic well-being extends beyond mere treatments; it's about fostering a sense of serenity and confidence in our clients. Within our in-clinic boutique, **Serenity Wig Boutique**, we proudly collaborate with Angel Hair as a Salon Partner Affiliate. This partnership signifies our commitment to supporting Angel Hair For Kids, a remarkable initiative offering wigs and hair loss solutions to financially disadvantaged children across Canada facing medical challenges.



Our Salon Partner Affiliates are meticulously chosen and endorsed by the program for their expertise in measuring, ordering, and styling wigs, coupled with their compassionate approach towards working with children in need. Through our collective efforts, we're thrilled and proud that we've successfully raised \$10,000, contributing to the uplifting mission of Angel Hair For Kids. At Restore Hair Loss and Scalp Clinic, we believe in not just restoring hair, but also restoring hope and joy in the lives of those we serve.



A child's voice
FOUNDATION



Angel Hair
FOR KIDS®

WIG LOANER PROGRAM

HERE'S HOW IT WORKS:

At Restore Hair Loss and Scalp Clinic, we understand the importance of not only providing effective treatments for hair loss, scalp concerns, and overall health issues but also ensuring the emotional well-being of our patients throughout their journey. That's why we're proud to introduce our innovative Wig Loaner Program in collaboration with Serenity Wig Boutique. Designed with care and compassion, this program allows patients undergoing treatment to borrow high-quality wigs, providing them with confidence and comfort during their time with us. After completing their treatment, patients can return the wig, allowing it to be sanitized and prepared for the next individual in need. Through this initiative, we aim to support our patients holistically, fostering a sense of community and camaraderie while restoring not just their hair but their confidence and peace of mind.



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